

# TALKING SPLAT for **MENTAL HEALTH** or **CHRONIC ILLNESS**

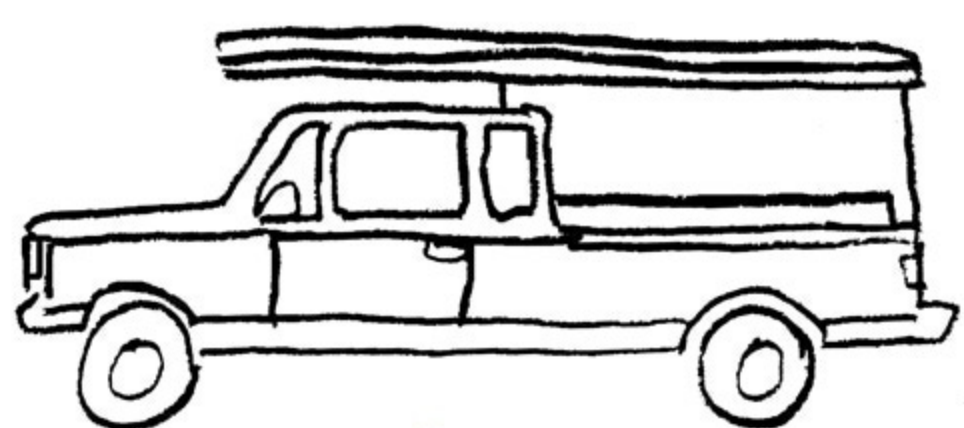
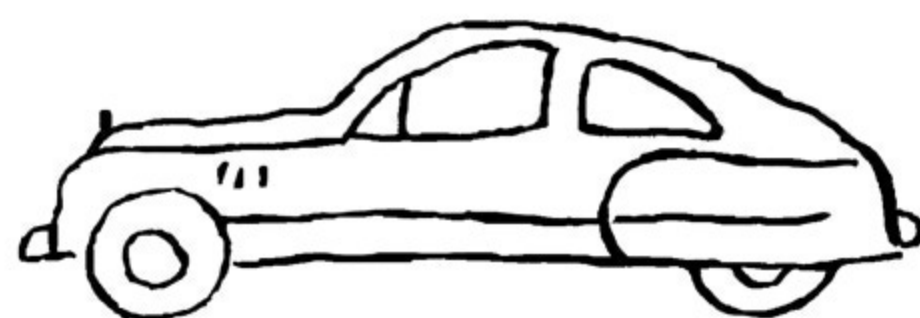
(because every day we feel like we've been run over by \*something\*)

**MOPED** My symptoms are \*always\* there, but today they're pretty chill!



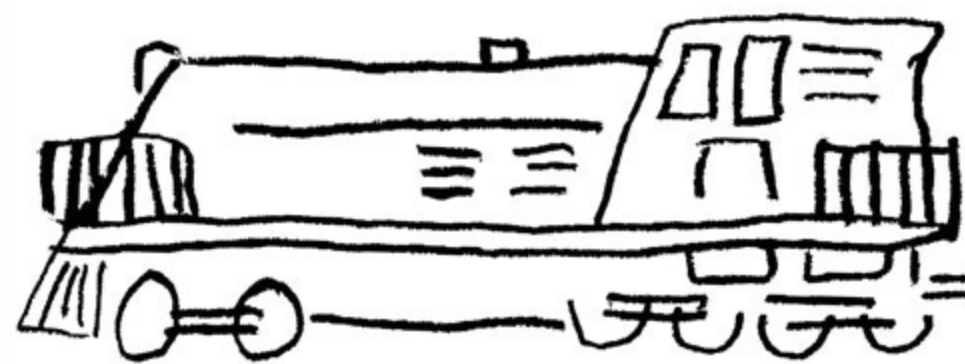
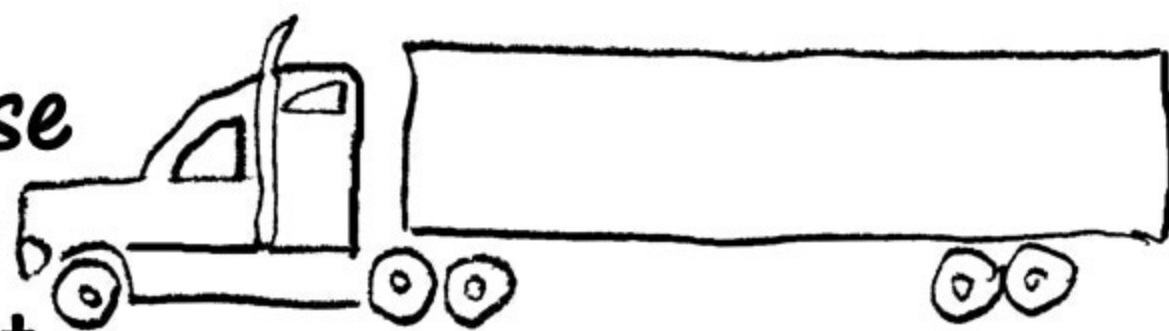
**EUROCAR** My symptoms are holding me back a little, but I can do more today than usual.

**SEDAN** Just a standard day with this illness. I definitely don't feel well, but I'm functioning.



**PICKUP TRUCK** I can almost get by like a normal person today, but everything is a huge struggle and I want my mommy.

**TRACTOR TRAILER** Everything mean they ever said about this disease is true. I feel absolutely awful. If it's critically important, I'll do it. The rest of life will have to wait.



**FREIGHT TRAIN** All of my symptoms are at their worst. I'm totally miserable, and I couldn't keep my "invisible" illness invisible if I tried. If you need me, I'll be in my bed, and, well, just \*don't\* need me.

**ASTEROID** Zombies are more alive than I am.



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