

Triggers in Content

Abusive relationship	Domestic abuse (emotional)	Murder	Slurs
Ageism	Domestic abuse (physical)	Needles	Smoking
Alcoholism	Drinking (recreational)	Overdose (accidental)	Snakes
Amputation	Drug use (mentioned)	Overdose (fatal)	Spiders
Animal abuse	Drug use (prescription)	Pedophilia	Suicide
Animal death	Eating disorder	Poisoning	Suicide (attempted)
Blood (gore)	Fatphobia	Pregnancy	Suicidal thoughts
Blood (minor)	Forced captivity	Prostitution	Swearing
Bodies/corpses	Guns	PTSD	Terminal illness
Bullying	Holocaust (denial)	Racism	Terrorism
Car accident	Holocaust (discussion)	Rape	Torture
Child abuse	Homophobia	Self-harm	Trans rejection/misgendering
Childbirth	Hospitalization	Serious injury	Transphobia
Classism	Hunting	Sexism	Violence
Death/dying	Insects	Sexual abuse	Vomit
Death penalty	Incest	Skeletons	Warfare
Dental trauma	Medical procedures	Slavery	Weapons

Source (with 101-item list): <http://trigger-warnings.tumblr.com/tags>

Sensory Triggers

Loud noise

Sudden noise

Flashing light

Moving images

Bright/fluorescent light

Hot temperatures

Cold temperatures

Moisture/humidity

Dust/air-borne allergens

Strong odors

Physical discomfort

Food/food allergens

and many more...